

2019 WNBFF PRO | INBF AMATEUR | WNBFF PRO QUALIFIER
\$10,000 PRO CASH PRIZES



CALIFORNIA NATURAL MUSCLE MAYHEM™

WHERE THE WEST CROWNS THE BEST

PRESENTED BY **CELLUCOR**

INFORMATION & ENTRY

Natural
Muscle
Mayhem.com
PHONE: 916-396-0909

CONTEST LOCATION

SHELDON HIGH SCHOOL
PERFORMING ARTS CENTER
8333 KINGSBRIDGE DR.
SACRAMENTO, CA 95829

**JULY 20, 2019
SACRAMENTO, CA**



TAYLOR
GALE

JOSHUA
KENYON

RENEE
MURRAY

KENDAH
RICHMOND

LISA
LUM

ACE
BALDWIN

DANA
TUCKER

BRETON
McNEIL



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COMPETE TRULY NATURAL

NaturalMuscleMayhem.com | WorldNaturalbb.com



2019 CELLUCOR NATURAL MUSCLE MAYHEM PRO/AM

WELCOME!

2019 CELLUCOR

NATURAL MUSCLE MAYHEM PRO/AM

Tina Smith & Bob Bell proudly present the 2019 INBF WNBFF California Natural Muscle Mayhem Professional and Amateur Bodybuilding & Physique Championships.

As lifetime natural athletes, Tina and Bob are proud to be leading the World Natural Bodybuilding Federation both domestically and internationally. The WNBFF is an organization whose mission is to support through education and encouragement, the art and science of natural strength training and bodybuilding 30 Years ago this year! The WNBFF aims to provide information to the population at large regarding the dangers of drug usage in sports, and to provide a positive and fair competitive arena for it's athletes. All contests will follow strict drug testing policies regarding a 10 Year drug-free requirement for all athletes. Mandatory polygraph examinations, urinalysis testing, and also random off season testing procedures are enforced. Bob & Tina are retired WNBFF Professional Natural Bodybuilders. They have found incredible rewards in the sport of natural bodybuilding, and they hope to share their path with as many people as possible. Bob & Tina are also both educators, and they often speak to high school health and physical education classes, and sports teams about the dangers of steroid abuse, as well as the attributes of exercise and sound nutrition. It is hoped that this message will help to eventually change the poor image often associated with drug use in bodybuilding. Bob and Tina are proud of the many men and women competing in their annual event, and hope that this event will be a wonderful culminating experience for all of their hard training. They would also like to thank you for attending the show, and please continue your support by encouraging all athletes to stay drug-free.



See You Next Year! July 18, 2020!

ENERGY TO PERFORM™



ALSO AVAILABLE IN THE C4® ULTIMATE LINE

2019 CELLUCOR NATURAL MUSCLE MAYHEM PRO/AM

WNBF PRO WOMEN BODYBUILDING

- 1 Laleh Talebian
- 2 Dee Celestin Nussbaum

WNBF PRO MEN BODYBUILDING

- 3 Ace Baldwin
- 4 Nygel Satterfield
- 5 Grant Teng
- 6 Jeff Alberts
- 7 Ryan Fickensher
- 8 Jesse Wilson
- 9 Tyler Duffy
- 10 Samuel Okunola
- 11 Andre Franco Saldana

WNBF PRO FIGURE

- 12 Hannah Hasbun
- 13 Stephanie Pio
- 14 Annalisa Ghirotti
- 15 Edna Ferrer
- 16 Amy Vogt
- 17 Jennifer Higgins

TEEN MENS PHYSIQUE

- 21 Ryan Golden
- 22 Jason Veneroni

GRAND MASTERS BODYBUILDING

- 23 Michael Clark
- 24 Rob Fagerness
- 25 Arthur Roberts

MASTERS FIGURE

- 26 Gloryjean Allen
- 27 Brandi Hurston
- 28 Ezraly Yap
- 29 Tammy Ranney

MASTERS MENS PHYSIQUE

- 24 Rob Fagerness
- 31 Matt Davidson
- 32 John Kanengieter
- 33 Christopher Thompson

MASTERS BIKINI

- 20 Tracey Anderson
- 34 Jenneth Logana
- 35 Robin Campbell
- 36 Michelle Hamby
- 37 Teav Demarest
- 38 Kristin Aguilera
- 39 Mia Chorney

NOVICE MEN BODYBUILDING

- 40 Ishak Ishak
- 41 Samson Bakos
- 42 Jarom Hulon
- 43 Elijah Ballas
- 44 Alexander Vogeler
- 45 Derek Haff

NOVICE FIGURE

- 26 Gloryjean Allen
- 28 Ezrly Yap
- 46 Kaitlin Bausola
- 47 Lorely Martinez

NOVICE MENS PHYSIQUE

- 21 Ryan Golden
- 30 Francisco Godinez
- 31 Matt Davidson
- 32 John Kanengieter
- 41 Samson Bakos
- 43 Elijah Bollas
- 44 Alexander Vogeler
- 48 Joey Gryczco
- 49 Mason Saavedra
- 50 Brian Nguyen
- 52 Christopher Torneros
- 52 Michael Tahbaz

NOVICE BIKINI

- 35 Robin Campbell
- 38 Kristin Aguilera
- 54 Zuleima Regalado
- 55 Lindsey Gregory
- 56 Elda Patricia Flores
- 57 Marlen Acosta
- 58 Arianna Bender

OPEN WOMEN BODYBUILDING

- 15 Edna Ferrer
- 59 Suma Chavez
- 60 Leah Weston
- 61 Montana Frey
- 62 LaKeisha Phillips
- 63 Carol Green

OPEN MEN BODYBUILDING LIGHT WEIGHT

- 25 Arthur Roberts
- 64 Alexander Garcia
- 65 Ronald Miranda
- 66 Thomas Alves
- 67 Marvin Fok
- 68 RJ Franada

OPEN MEN BODYBUILDING MIDDLE WEIGHT

- 69 David Rangel
- 70 Adam McDonald
- 72 Craig Standley
- 73 Eric Helms

OPEN MEN BODYBUILDING HEAVY WEIGHT

- 74 Antonio Miller
- 75 Brian DeCosta
- 76 William Robinson



COMPETITORS



OPEN FIGURE Short

27 Brandi Hurston
59 Suma Chavez
77 Emily Talley
78 Tiffanie Mclemore
79 Aundrea Burkhead
80 Chelsey Manning

OPEN FIGURE Tall

29 Tammy Ranney
60 Leah Weston
81 Haley Schafer
82 Shanna Rice
83 Lisa Mason
84 Breanna Williams

OPEN MENS PHYSIQUE Short

22 Jason Veneroni
66 Thomas Alves
68 RJ Franada
85 William Roberson
86 Xavier Fenton
87 Delfino Vasquez

OPEN MEN'S PHYSIQUE Tall

11 Andre Franco Saldana
88 Isaac Ramirez
89 Rashaun Roulhac
90 Robert Thomas
91 Randy Haiti
92 Daniel Firoozkoohi
93 Mark Lyon
94 Alan Servin

WOMENS FIT BODY

60 Leah Weston
81 Haley Schafer

OPEN BIKINI Short

34 Jenneth Logana
37 Teav Demarest
39 Mia Chorney
62 LaKeisha Phillips
95 Arely Amavizca
96 Sky Pelletier
97 Danny Garbrandt
98 Mand Miterko

OPEN BIKINI Tall

20 Tracey Anderson
99 Elizabeth Jeffries
100 Laura Martinez
101 Elizabeth Mendes
102 Annie Tichenor

-Masters: Athletes over the age of 40

-Novice: Athletes with limited competitive experience

-Open: Athletes hoping to attain WNBF Professional Status providing there are a required number of competitors in the division

-Visit the **WorldNaturalBB.com** faq page for current pro card rules.

JUDGING PANEL

Brian Bousman	WNBF Professional Masters Bodybuilder—California
Steve Clausen	INBF Promoter—Oklahoma
Richard Cummins	WNBF Professional Masters Bodybuilder—California
Ted Kewin	Former President of the CNBF—Canada
John Nickerson	WNBF Pro Bodybuilder, INBF Promoter—Washington
Terri Reeves	WNBF Professional Bodybuilder, INBF Event Promoter—California
Victor Sampson	Head Judge—WNBF Mr. Pro Universe—California
Katy Wayman-White	WNBF Pro Bodybuilding World Champion, INBF/WNBF Promoter—Washington
Chrissy Zmijewski	WNBF Pro World Figure Champion—California

For the results for this INBF/WNBF Competition,
and others, please visit: **WorldNaturalBB.com**

PREJUDGING ORDER OF EVENTS

Begin Prejudging: **9:30 am**—Comparisons then Pose-down/Walks

WNBF Pro Women's BB

WNBF Pro Men's BB

WNBF Pro Figure

Jr Men BB

Teen Men's Physique

Men's Masters Bodybuilding

Masters Figure

Masters Men's Physique

Masters Bikini

Men's Novice BB

Novice Figure

******Intermission******

Novice Men's Physique

Short, Tall

Novice Bikini

Women's Open BB

Men's Open BB

Light, Middle, Heavy

Women's Open Figure

Short, Tall

Open Men's Physique

Short, Tall

Open Bikini

Short, Tall

EVENING FINALS - ORDER OF EVENTS

* Athlete Check In: **Pros: 3:15 Amateurs: 4:00** *

Finals begin: 4:00 pm

* Each class will be introduced. Hit one pose as a group for photos.

Individual routines/stage walks will follow. Awards will be presented following the posedown.

WNBF Pro Women's BB

WNBF Pro Men's BB

WNBF Pro Figure

Junior Men

Teen Men's Physique

Men's Masters

Masters Figure

Masters Men's Physique

Masters Bikini

Men's Novice BB

Novice Figure

****PRO Awards****

Intermission

Novice Men's Physique

Short, Tall

Novice Bikini

Women's Open BB

Men's Open BB

Light, Middle, Heavy

Women's Open Figure

Short, Tall

Open Men's Physique

Short, Tall

Open Bikini

Short, Tall

Open Overall Awards

E.ISLIP

NEW YORK

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CELLUCOR

\$50,000

PRO PRIZE MONEY

CLASSES

ALL PRO CLASSES

AMATEUR

OPEN MEN BB

OPEN WOMEN BB

OPEN BIHINI

OPEN FIGURE

OPEN FIT BODY

OPEN PHYSIQUE

TEEN, JUNIOR, & MASTERS

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NOV. 15TH-16TH, 2019



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An Amateur Affiliation of the WNBF

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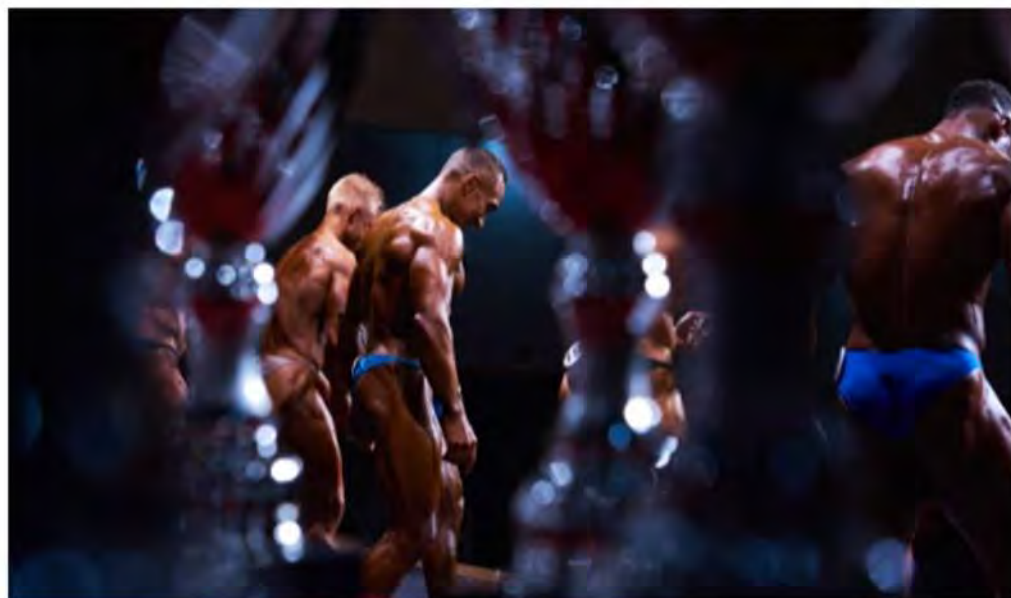
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As a competitor, photography from your competitions helps you relive the moment for years to come. Our packages are designed around what the competitor wants, offering a range of services that help make the day even more special.


Family members- If you have a family member competing, purchase their photo package and get your footage within 7 days!

For more about our packages, head to
www.betteraesthetics.com

CECIL PHILLIPS CLASSIC

JULY 27, 2019

VENUE

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630 MAIN STREET
SPRINGFIELD, OREGON

HOTEL

FAIRFIELD INN AND SUITES
541-743-8990
GROUP RATE \$159

CANDLEWOOD INN AND SUITES
541-683-8000
GROUP RATE \$129



**RYAN
FICKENSCHER**



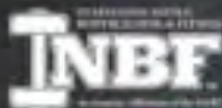
LISA LUM



**OUR MC: NICK "THE
TRAINER DUDE"
HAMMOND**



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2019 CELLUCOR NATURAL MUSCLE MAYHEM PRO/AM

BIKINI - BODYBUILDING - MEN'S PHYSIQUE - FIGURE - FIT BODY

EDNA & JERMAINE CASTANEDA

P R E S E N T S

2019

AUGUST
10TH
SATURDAY



PRO QUALIFIER



JACOB CENTER 404 EUCLID AVE., SAN DIEGO, CA

WWW.TEAMJCREATION.COM

2019 CELLUCOR NATURAL MUSCLE MAYHEM PRO/AM

Presented by: Terry Rende
Body Temple Fitness
(559) 268-8292
terrende2619@gmail.com



WWW.NATURALCENTRALVALLEYMUSCLE.ORG

NATURAL CENTRAL VALLEY CHAMPIONSHIPS

Pro Qualifier

BODYBUILDING • FIGURE • MIXED PAIRS • BIKINI • MEN'S PHYSIQUE • FIT BODY

SATURDAY \$45

8/17/19 10AM - 3:30PM

PERFORMING ARTS CENTER • CLOVIS NORTH EDUCATION CENTER • 2770 E INTERNATIONAL AVE • FRESNO, CA

HOST HOTEL: TOWNE PLACE SUITES MARRIOTT • 7127 N FRESNO ST • FRESNO, CA 93720 • 559.435.4600



2018-Winners



TownePlace
SUITES
MARRIOTT

Showtime
TV

INBF

All competitors are photographed and drug tested and must be 18 years drug free. For a complete list of banned substances visit WorldAntiDoping.com

WWW.NATURALCENTRALVALLEYMUSCLE.ORG

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WASHINGTON STATE **OLYMPIC NATURAL**



WNBF Pro Qualifier



September 7, 2019
Auburn Performing Arts Center
Auburn, WA 98002

WWW.KT-PRODUCTIONS.COM

PROMOTER: KATY WAYMAN-WHITE
KTProductionsinc@outlook.com

2019 CELLUCOR NATURAL MUSCLE MAYHEM PRO/AM

INBF NW ROYAL NATURAL BODYBUILDING CHAMPIONS

FIGURE FIT-BODY BIKINI MEN'S PHYSIQUE

WNBFF PRO QUALIFIER

Covered by WNBFF Magazine

PROMOTERS: JOHN & EBIE NICKERSON

August 24th 2019

Morning show 10am

Evening show 5pm

Ten year drug-free event. Polygraph & urine tested.

For information www.NWRNB.ORG

KIRKLAND PERFORMANCE CENTER

350 KIRKLAND AVE KIRKLAND, WA 98033



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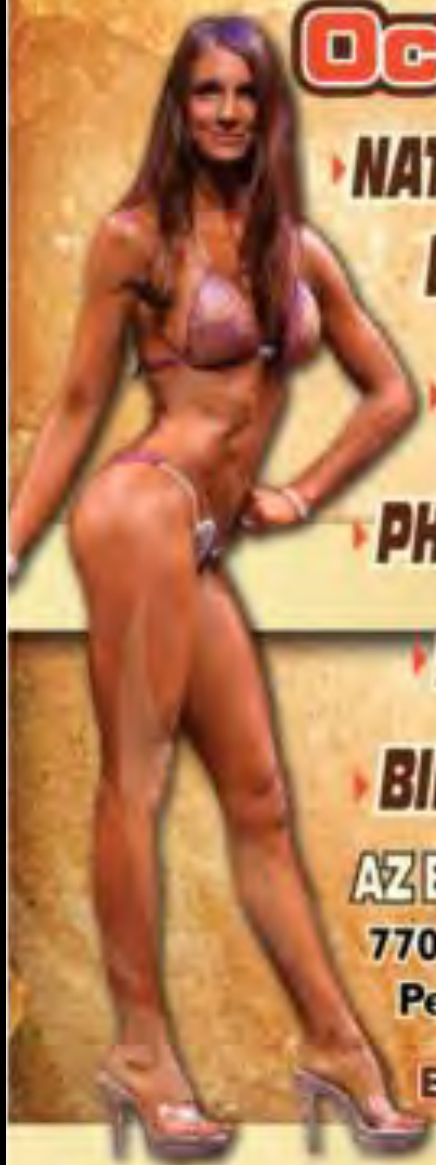


The **Phoenix** Classic

WNBF **Pro Qualifier**



October 5th 2019



▶ **NATURAL BODY
BUILDING**

▶ **FIGURE**

▶ **PHYSIQUE**

▶ **FIT' BODY**

▶ **BIKINI**



AZ Broadway Theatre

**7701 W. Paradise Ln,
Peoria, AZ 85382**

Entry Info:

www.phoenixianclassic.com

[phoenixianclassic](#) [@phoenixianclassic](#)



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2019 CELLUCOR NATURAL MUSCLE MAYHEM PRO/AM

WNBF PRO QUALIFIER | BIKINI | BODYBUILDING | FIGURE | FIT BODY | MEN'S PHYSIQUE

OCTOBER 12, 2019

OHLONE COLLEGE • Fremont, CA

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CO-PROMOTERS

Bob Bell, Francisco Inzunza, & Tina Smith
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DUSTIN CHAU
Novice Mens Physique
Champion

BREE PIPER WILLIAMS
Figure
Champion

FRANCISCO INZUNZA
Overall Bodybuilding
Champion

ANNIE TICHENOR
Bikini
Champion

CRELSON CABUCO
Mens Physique
Champion



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SCIVATION



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ALL PRO CLASSES

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OPEN MEN BB

OPEN WOMEN BB

OPEN BIKINI

OPEN FIGURE

OPEN FIT BODY

OPEN PHYSIQUE

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