

2018 WNBFF PRO USA & WNBFF PRO QUALIFIER

\$10,000 PRO CASH PRIZES

**CALIFORNIA
NATURAL**

**MUSCLE
MAYHEM™**

WHERE THE WEST CROWNS THE BEST

PRESENTED BY **CELLUCOR**

INFORMATION & ENTRY

Natural
Muscle
Mayhem.com
PHONE: 916-396-0909

CONTEST LOCATION

SHELDON HIGH SCHOOL
PERFORMING ARTS CENTER
8333 KINGSBRIDGE DR.
SACRAMENTO, CA 95829

**JULY 21, 2018
SACRAMENTO, CA**

7 YEARS
DRUG-FREE EVENT
**POLYGRAPH &
URINE TESTED**



CHAD PALAAD
Novice Physique
Champion

BRIKEDA LAMBERT
Open Bikini
Champion

KENDAHL RICHMOND
Muscle Mayhem
Champion

LISA LUM
WNBF Pro USA
Champion

SAMUEL OKUNOLA
WNBF Pro USA
Champion

ASHLEY GINN
Open Figure
Champion

ERIC GUILMETTE
Men's Physique
Champion



SCIVATION

GATORZ

MADE IN THE USA
PRECISION BUILT EYEWEAR



MAGNUM
NUTRACEUTICALS



COMPETE TRULY NATURAL

NaturalMuscleMayhem.com | WorldNaturalbb.com



2018 CELLUCOR WNBFF PRO USA & INBF CALIFORNIA NATURAL MUSCLE MAYHEM

WELCOME To Our 20th Year Anniversary!

2018 WNBFF PRO USA INBF CALIFORNIA NATURAL MUSCLE MAYHEM

Tina Smith & Bob Bell proudly present the 2018 WNBFF Pro USA & California Natural Muscle Mayhem Natural Bodybuilding Championships. As lifetime natural athletes, Tina and Bob are impressed with the integrity of the World Natural Bodybuilding Federation, and are proud to have it as their sanctioning body. The WNBFF is an organization whose mission is to support through education and encouragement, the art and science of natural strength training and bodybuilding. The WNBFF aims to provide information to the population at large regarding the dangers of drug usage in sports activities, and to provide a positive and fair competitive arena for it's athletes. All contests will follow strict drug testing policies regarding a 7-year drug-free requirement for all athletes. Mandatory polygraph examinations, urinalysis testing, and also random out of season testing procedures are enforced. Bob & Tina are retired WNBFF Professional Natural Bodybuilders. They have found incredible rewards in the sport of natural bodybuilding, and they hope to share their path with as many people as possible. Bob & Tina are also both educators, and they often speak to high school health and physical education classes, and sports teams about the dangers of steroid abuse, as well as the attributes of exercise and sound nutrition. It is hoped that this message will help to eventually change the poor image often associated with drug use in bodybuilding. Bob and Tina are proud of the many men and women competing in their annual event, and hope that this event will be a wonderful culminating experience for all of their hard training. They would also like to thank you for attending the show, and please continue your support by encouraging all athletes to stay drug-free.



See You Next Year! July 20, 2019!

ENERGY TO PERFORM™



ALSO AVAILABLE IN THE C4® ULTIMATE LINE

2018 CELLUCOR WNBFL PRO USA AND INFL CALIFORNIA NATURAL

2018 ATHLETES

Antonio Aguilar
Arnold Aguilar
Gerardo Aguirre
Rob Ahrens
Oscar Ayala
Ace Baldwin
Zack Belknap
Allison Bell
Mark Bertrand
Phinanta Bhumpagdi
Taylor Bramble
Melissa Bramham
Karla Brewton
Aundrea Burkhead
Leslie Cachola
Robin Campbell
Kristin Caporusso
Dee Celestin
Alex Chamberlain
John Chen
Kelly Clark
Haskell Connonier
Nicholas Cottee
Dominic Dowling
Melissa Drake
Asha Dua
Ryan Fickenschier
Tina Fuentez
Alfredo Gaeta
Taylor Gale
Leonardo Garcia da Silva
Chuck Gonzales
Oliver Gower
Ariana Guerrero

David Gutierrez
Chuck Gonzales
Oliver Gower
Ariana Guerrero
Danilyn Gutierrez
David Gutierrez
Hannah Hasbun
Heidi Hall
Armilla Henry
Lorena Hernandez
Brandon Hightower
Zach Hudson
Jasmine Johnson
Joshua Kenyon
Britni Killingsworth
Jeff Killoran
Mirek Koplik
Claudia Larsen

Sherian Lee
Bada Lekan
Jen Lenhart

Lisa Lum
Patrick MacInnis
Breton McNeil
Nicole Morgan
Renee Murray
Yazmen Nuno
Sam Ogden
Erik Olmos
Peyton Orilla
Rosie Ou
Chad Palaad
Andrew Parlier

Lupita Perez
Breeanna Williams
Jason Reed
Shanna Rice
Katie Riseman
Breeanna Williams
Jason Reed
Shanna Rice
Katie Riseman
DaJai Roberts
David Robinson
Senit Rojas Ochoa
Dee Saelee
Nicholas Saelee
Eassie Soares-Haee
Wayne Squires
Christian Sullano
Jared Taylor
Robert Thomas
Jo Todorovits
Dana Tucker
Inna Uskova
Koue Vang
Danika Vannucci
Jennifer Vargas
Mark Vossler
Kia Vue
Ghia Walker
Erina Williams
Lucinda Witte
Kelli Worl
Tanya Youngblood

Thank You Sponsors!



PRE-JUDGING ORDER OF EVENTS

Begin Pre-judging: 9:30 am Comparisons then Posedown/Walks

WNBF Pro Women's Bodybuilding
WNBF Pro Men's Bodybuilding
WNBF Pro Figure

Jr Men Bodybuilding
Teen Men's Physique
Men's Grand Masters
Masters Figure
Masters Men's Physique
Masters Bikini
Men's Novice Bodybuilding
Novice Figure

Short

Tall

Novice Men's Physique

Short

Tall

*******Intermission*******

Novice Bikini

Short

Tall

Women's Fit Body

Men's Open Bodybuilding

Light

Middle

Heavy

Women's Open Figure

Short

Tall

Open Men's Physique

Short

Tall

Open Bikini

Short

Tall

EVENING FINALS - ORDER OF EVENTS

Athlete Check In: Pros: 3:15 Amateurs: 4:00

Finals begin: 4:00 pm

*** Each class will be introduced. Hit one pose as a group for photos. Individual routines/stage walks will follow. Awards will be presented following the posedown.**

WNBF Pro Women's Bodybuilding

WNBF Pro Men's Bodybuilding

WNBF Pro Figure

Junior Men Bodybuilding

Teen Men's Physique

Men's Grand Masters Bodybuilding

Masters Figure

Masters Men's Physique

Masters Bikini

Men's Novice Bodybuilding

Novice Figure

Short

Tall

Novice Men's Physique

Short

Tall

******Intermission******

Novice Bikini

Short

Tall

Women's Fit Body

Men's Open Bodybuilding

Light

Middle

Heavy

Women's Open Figure

Short

Tall

Open Men's Physique

Short

Tall

Open Bikini

Short

Tall

Open Overall Awards:

Men's Bodybuilding

Figure

Men's Physique

Bikini



**RESTAURANT
BREWHOUSE**

**Proud host of the 2018
WNBF Pro USA &
INBF Natural Muscle Mayhem
~After Party~
9 pm - 12:00 am**

Location

9237 Laguna Springs Dr
Elk Grove, CA 95758

Scan For Directions

From Venue BJ's is 7 Minutes

Turn Left out of parking lot

Right Calvine Road

Left on Elk Grove-Florin

Right on Bond Rd

Cross Over Highway 99 and BJ's is on the left



THE INBF CENTRAL VALLEY CLASSIC

SATURDAY AUGUST 11, 2018

LOCATED AT
SAN JOAQUIN DELTA COLLEGE
IN THE TILLE LEWIS AMPHITHEATER

IN
STOCKTON, CA



2018 CELLUCOR WNBFF PRO USA & INBF CALIFORNIA NATURAL MUSCLE MAYHEM



THE DIFFERENCE

MADE IN THE USA

USE CODE: WNB20
20% OFF UNTIL JULY 30

GATORZ.COM



The

Phoenixian Classic

WNBF Pro Qualifier



9.29.18

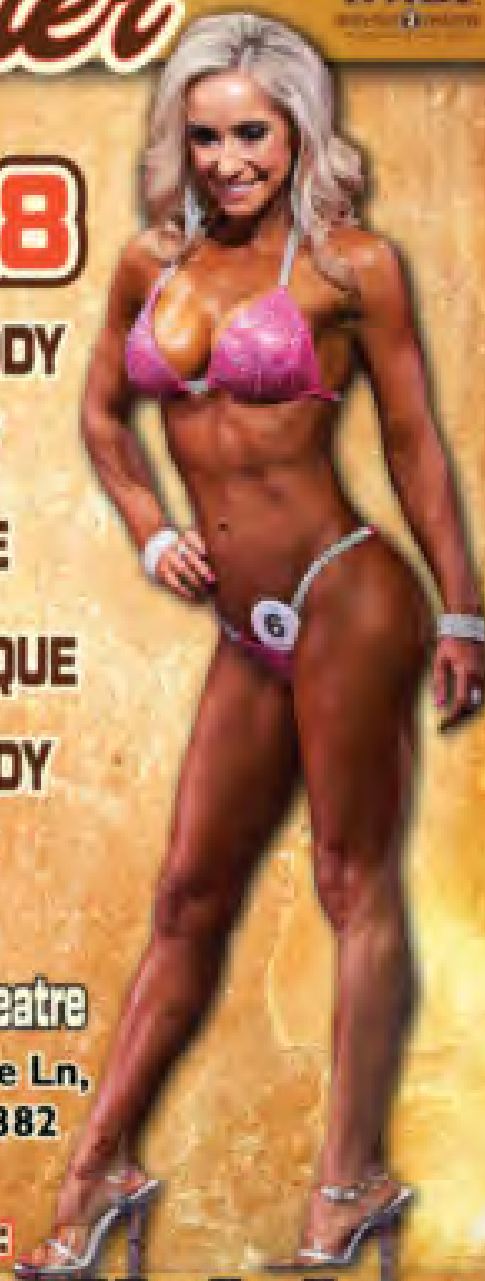
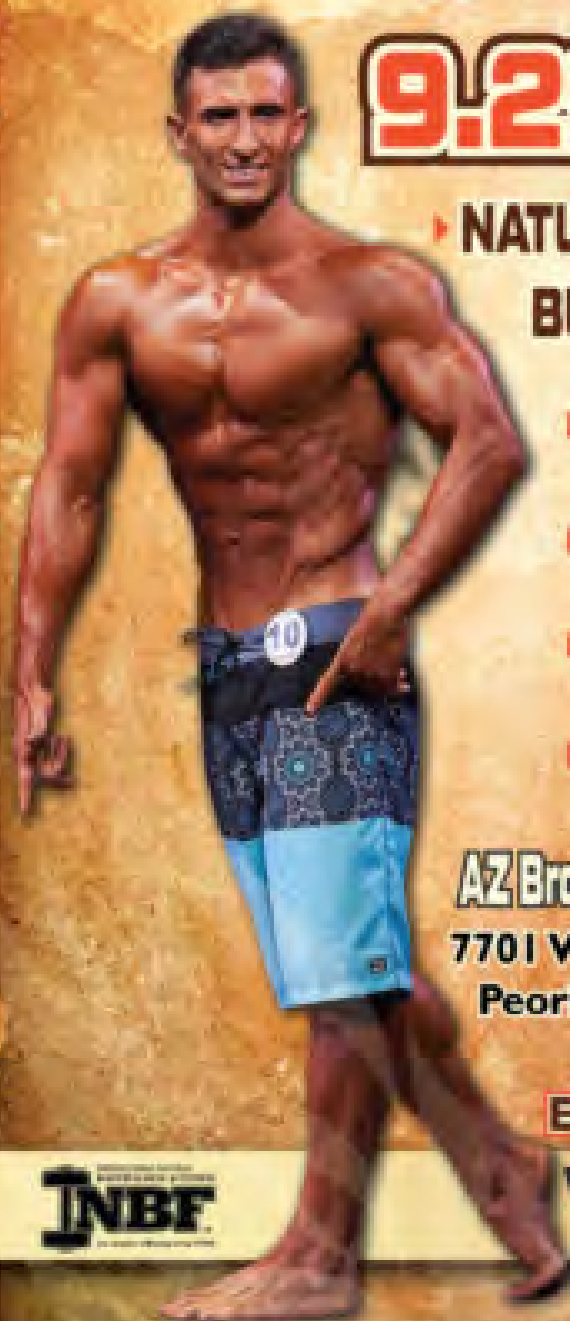
▶ NATURAL BODY
BUILDING

▶ FIGURE

▶ PHYSIQUE

▶ FIT BODY

▶ BIKINI



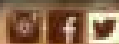
AZ Broadway Theatre

7701 W. Paradise Ln,
Peoria, AZ 85382

Entry Info:

www.phoenixianclassic.com

phoenixianclassic@gmail.com

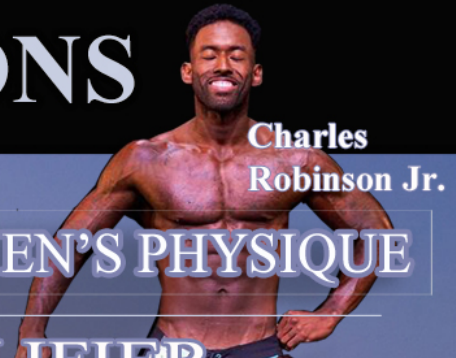


#phoenixianclassic @phoenixianclassic

INBF NW ROYAL NATURAL BODYBUILDING CHAMPIONS



Amiee
Helene



Charles
Robinson Jr.

FIGURE FIT-BODY BIKINI MEN'S PHYSIQUE



Jonna
Edwison



Jenn
Lenhart

WNBF PRO QUALIFIER

Covered by WNBF Magazine

PROMOTERS: JOHN & EBIE NICKERSON

SEPT 29th 2018

Morning show 10am

Evening show 5pm



Elaine
Jurun



Owen
Stewart



Seven year drug-free event. Polygraph & urine tested.

For information www.NWRNB.ORG

KIRKLAND PERFORMANCE CENTER

350 KIRKLAND AVE KIRKLAND, WA 98033

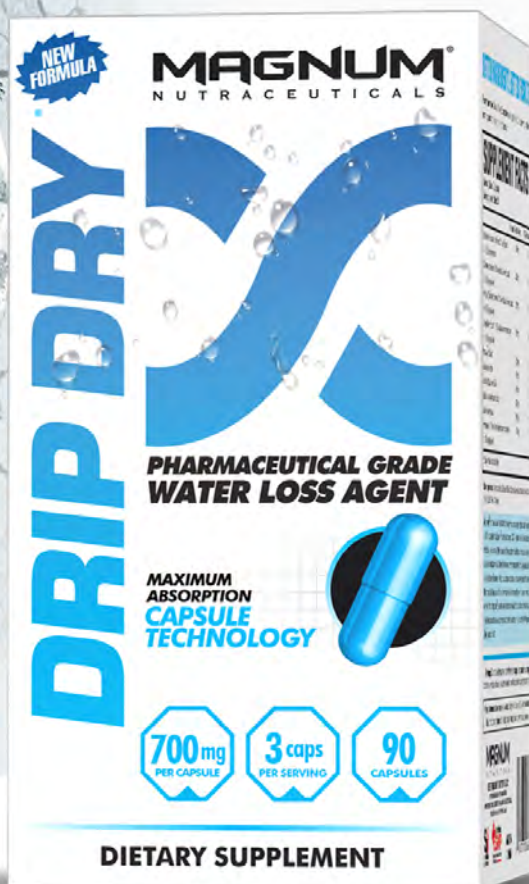


2018 WNBF PRO USA & INBF CALIFORNIA NATURAL MUSCLE MAYHEM



Justine Munro
JUSTINE MUNRO
 TEAM MAGNUM SUPERSTAR
 CANADA'S #1 RANKED
 IFBB BIKINI PRO

DROP THE WATER



**COMPETITION
STRENGTH
NATURAL
DIURETIC**

**REDUCES
WATER WEIGHT**

**DEFINES
LEAN MUSCLE**

**ELIMINATES
MUSCLE CRAMPS**

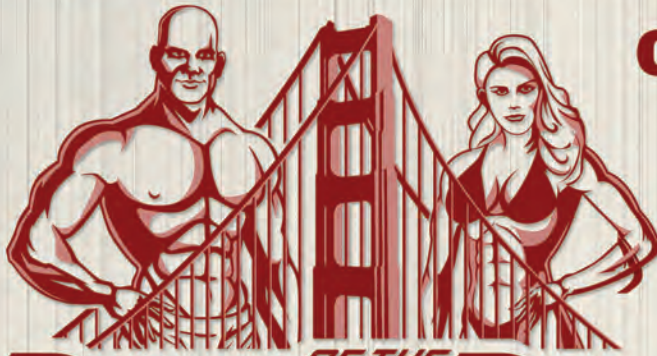
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2018 WNBF PRO USA & INBF CALIFORNIA NATURAL MUSCLE MAYHEM

WNBF PRO QUALIFIER | BIKINI | BODYBUILDING | FIGURE | FIT BODY | MEN'S PHYSIQUE | MASTERS



OCTOBER 6, 2018

OHLONE COLLEGE

43600 Mission Blvd • Fremont, CA 94539

ENTER ONLINE NOW!

ENTER: NaturalMuscleMayhem.com

PROMOTERS: Tina Smith & Bob Bell • 916.396.0909

EMAIL: wnbfcalf@ranchomurieta.org

OF THE BATTLEBAY

FOURTH ANNUAL

INTERNATIONAL NATURAL
BODYBUILDING & FITNESS
INBF
An Amateur Affiliation of the WNBF

WORLD NATURAL BODYBUILDING FEDERATION
WNBF
SEVEN-YEAR 7 DRUG-FREE
POLYGRAPHED & URINE TESTED
WORLDNATURALBODYS.COM

REGISTER ONLINE | TICKETS AVAILABLE AT THE DOOR | STRAIGHT THROUGH SHOW FORMAT

#RoadToINBFWNBFworlds



TAYLOR MEGGERSON
Novice Champion

JESSE FREELAND
Bikini Champion

DUSHAWN WHITE
Bodybuilding Champion

JOE COLEMAN
Physique Champion

HANNAH HASBUN
Figure Champion



CELLUCOR

SCIVATION



NaturalMuscleMayhem.com



2018 CELLUCOR WNBF PRO USA & INBF CALIFORNIA NATURAL MUSCLE MAYHEM

TRULY NATURAL BODYBUILDING

PRESENTED BY

CELLUCOR

WNBF WORLD CHAMPIONS

BABACAR NIANG

SHAUNA HOEHLER

WORLD CHAMPIONSHIPS

• SUPER PRO QUALIFIER •

LOS ANGELES, CA

NOVEMBER 17, 2018

CLASSES:

AMATEUR

OPEN MEN BB

OPEN WOMEN BB

OPEN BIHINI

OPEN FIGURE

OPEN PHYSIQUE

MASTERS

OVER \$40,000 IN PRO PRIZE MONEY



WORLD NATURAL
BODYBUILDING
FEDERATION



INTERNATIONAL
NATURAL
BODYBUILDING & FITNESS
An Amateur Affiliation of the WNBF

WORLDNATURALBB.COM

2018 CELLUCOR WNBF PRO USA & INBF CALIFORNIA NATURAL MUSCLE MAYHEM

2019 ANNOUNCEMENT
SPRINGFIELD, OREGON!

CECIL PHILLIPS CLASSIC

JULY 27, 2019

VENUE

 **WILDISH**
COMMUNITY THEATER
630 MAIN STREET
SPRINGFIELD, OREGON

HOTEL

FAIRFIELD INN AND SUITES
541-743-8990
GROUP RATE \$159

CANDLEWOOD INN AND SUITES
541-683-8000
GROUP RATE \$129



RYAN
FICKENSCHER



LISA LUM



OUR MC: NICK "THE
TRAINER DUDE"
HAMMOND



SHOW
PROMOTER
AARON
ORTON



GENUINE FITNESS



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